

# Curriculum Overview

## PSHE

### KS3

	<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>
<b>Half term 1</b>	Transition to secondary school, Safety and Healthy Routines.	Alcohol and Drug Misuse- alcohol, drugs, smoking and vaping.	Transition to KS4, mental health and self-harm and peer pressure and exploitation.
<b>Half term 2</b>	Bullying, Exploring identities and similarities and Influences on health.	Introduction to relationships- healthy and unhealthy relationships/friendships, family relationships and romantic relationships.	County lines, family relationships and forced marriage and the protected characteristics.
<b>Half term 3</b>	The reproductive system, bodily changes through puberty and Periods	Contraception, Intimacy online and dealing with emotions and Mental Health.	Consent, Sexual violence and harassment and cultivating a positive relationship with your body.
<b>Half term 4</b>	FGM, Forced Marriage, Consent and developing sexual awareness and sexuality.	Wellbeing and media influences on body image and knowing your rights, equality and diversity explored.	Sexual health, STI's and developing sexuality and readiness for sex.
<b>Half term 5</b>	How is the country run, mobile phone usage and politics and parliament.	Financial Literacy- Making informed financial decisions.	Healthy and unhealthy lifestyles, dealing with loss and grief. Mobile phones and cryptocurrency, financial exploitation and gaming.
<b>Half term 6</b>	Financial literacy- being a critical consumer, getting a job, spending decisions and budgeting.	Careers, Employability and Laws- punishment, reform and probation.	Extremism and Radicalisation, Labour Market information and online spending and pocket money.

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## PSHE

### KS4

	<b>Year 10</b>	<b>Year 11</b>
<b>Half term 1</b>	Stable committed relationships, Sexual violence and gender stereotypes and making decisions about sex.	Sexual health, STI's and symptoms, developing sexuality and readiness for sex and consent, pressure and dealing with rejection.
<b>Half term 2</b>	Gambling, alcohol, drugs and vaping.	Sexual Health, Parenthood and Fertility.
<b>Half term 3</b>	Making health choices/health prevention- organ donation, vaccines, cosmetic and plastic surgery and CPR, AED'S wounds and choking.	Body image in the media, body image dangers and gender norms and identities.
<b>Half term 4</b>	Online relationships and wellbeing- data, the influence of social media, sexual behaviour online and sharing content online.	Gender stereotypes and Identity and Mental health.
<b>Half term 5</b>	Media influence- radicalisation, extremism, gangs and knowing your rights related to online wellbeing.	Connecting with yourself mindfully- self-concept, stress and motivation and grief.
<b>Half term 6</b>	Making sexual choices and pregnancy- intimacy, consent, respect, foetal development, pregnancy and abortion.	